



Beet & Berry Smoothie

Makes 900 ml / Serves 4

INGREDIENTS

- 500 - 600 ml **Almond Breeze Original Almond Milk**
- 2 small beetroots, peeled, diced and frozen
- 15 - 18 frozen blackberries
- 12 - 15 strawberries, hulled, quartered and frozen
- Honey to taste
- A few sprigs of mint & berries for garnishing

INSTRUCTIONS

- Place all the above ingredients into a blender suitable for making smoothies and blend until smooth.
- Garnish with fresh berries and mint and serve immediately.

Note: Make in 2 batches if your blender cup is too small for the full quantity.



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