



Almond Blueberry Maple Oatmeal

INGREDIENTS

- ¼ cup old-fashioned rolled oats
- ¼ cup greek yoghurt
- ½ cup **Almond Breeze Unsweetened Almond Milk**
- 1 ½ teaspoons chia seeds
- 3 teaspoons real maple syrup
- ¼ cup blueberries

INSTRUCTIONS

- Stir all ingredients together.
- Put in fridge overnight and enjoy your morning!
- Lasts about 2 days.



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